

ReL8



It made you think about your life in the future and how what you do now is going to affect it. -High School Student

Creative. Credible. Consistent.

Key Research Findings



2009-2010

OBJECTIVES for the ReL8 program include 1) increasing youth's commitment to discontinue having sex (if they were not already abstinent), 2) remaining abstinent if they are already so, and 3) increasing understanding the reasons for and importance of choosing abstinence during their youth and beyond.

How we're doing so far...

84% of middle school students agreed after the ReL8 program that a teen who has had sex in the past would be better off to stop having sex and wait until he or she is married *compared to 70%* before the ReL8 program.

78% of high school students agreed after the ReL8 program that they could talk to their boyfriend or girlfriend about their decision not to have sex until they are married *compared to 62%* before the ReL8 program.

72% of high school students agreed after the ReL8 program that a teen who has had sex in the past would be better off to stop having sex and wait until he or she is married *compared to 53%* before the ReL8 program.

84% of middle school students agreed after the ReL8 program that having sex before marriage can cause negative consequences to them emotionally (to their feelings) *compared to 69%* before the ReL8 program.

83% of middle school students agreed after the ReL8 program that they are able to resist pressure from others to become sexually active *compared to 76%* before the ReL8 program.

87% of middle school students and **78%** of high school students agree that waiting to have sex until they are married will help them experience healthier relationships.

(Surveys and qualitative research conducted by external research group.)

We're engaging our community!

7,113 students taught in 2009-2010

84 schools served in 2009-2010